



FOOD ALLERGY
OR INTOLERANCE?



If you have a food allergy or intolerance, or just want more detail about the ingredients in our food and drinks – including calories – please let our team know or scan the QR code to find out more.

EVENING

MARKET KITCHEN

welcome to a world of taste

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Global influences and carefully selected ingredients are brought together to create classic dishes with a modern twist served by our passionate chefs.

Relax... we'll bring it straight to your table

TO START

Chef's soup of the day ✓

warm sourdough, butter.

scan our QR code to see the calorie information of our soups

Garlic fried mushrooms ✓

puff pastry, thyme,
guacamole & basil pesto.

725kcal

Chicken liver & brandy parfait

Fig chutney, crushed roasted
hazelnuts, toasted brioche.

475kcal

Warm red & yellow pepper tarte tatin ✓

red onion chutney, basil dressing,
crumbled goats cheese. *386kcal*

vegan option available vs 328kcal

Smoked salmon & prawn rilette

Fresh dill, lemon, toasted tomato bread.

272kcal

DAILY SPECIALS

Asian style mushroom filled bao buns ✓

pickled red onion, Bulgogi &
sweet chilli sauce, coriander. *430kcal*

Ham hock & pea terrine

boiled egg, golden beetroot piccalilli,
pesto mayonnaise, toasted crostini. *514kcal*

Deli board

cured meats, mini pork pie, Red Leicester cheese, golden beetroot piccalilli, pea shoots,
roquette, red chard, cherry tomato salad, served with rustic bread and butter.

1,063kcal

Adults need around 2,000kcal a day


M A I N S



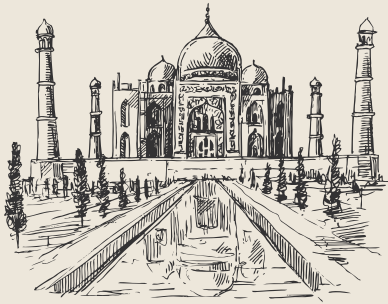
Taste of **I N D I A**

Beef Masala curry
poppadum, roasted peppers,
masala chickpea rice
& naan bread.
1,092kcal

Chicken & spinach tikka
coriander, toasted almonds,
masala chickpea rice
& naan bread.
994kcal

Sweet potato & chickpea curry 
boiled rice, poppadum.
682kcal

Malayan-style prawn curry
king prawn, butternut
squash, fine beans
& masala chickpea rice.
775kcal



Dishes inspired from around the world

R O A S T

Today's choice

Thyme roasted topside of beef 563kcal
Yorkshire pudding 86kcal
Horseradish sauce 79kcal

served with a selection of vegetables and potatoes
scan our QR code to see the calorie information of our accompaniments



F R E S H F I S H

may contain bones

Mackerel fillet
326kcal

**Scottish Loch
reared trout**
251kcal

Hake supreme
239kcal

add a sauce of your choice

White wine creamy sauce 193kcal
Chargrilled tomato chutney 34kcal

served with a selection of vegetables and potatoes
scan our QR code to see the calorie information of our accompaniments

DAILY SPECIALS

Lincolnshire sausages
buttered mash, peas, bacon,
onion gravy. 1,297kcal

Broad bean, courgette & spinach risotto 
lemon & feta cheese. 768kcal
vegan option available  603kcal

Adults need around 2,000kcal a day

P U D D I N G S H O P

A selection of hot and cold desserts

Chocolate, rum & raisin cheesecake ✓

chocolate-flavoured sauce,
fresh raspberries. *490kcal*

Orange, honey & vanilla flavour pudding ✓

with custard. *468kcal*

Warm Bramley apple & raspberry tart ✓

crunchy crumble, vanilla
flavour custard. *351kcal*

Mango & coconut mousse ✓

fresh berries, toasted coconut,
lime syrup. *368kcal*

Chef's cheese board ✓

selection of cheeses, biscuits, grapes, shaved
celery, fig & honey chutney, apple. *733kcal*

Melon & berry fruit salad ✓

lime, mint, vanilla ice cream. *144kcal*
vegan option available ✓ *186kcal*

Why not try a dessert wine?

Sauternes Garonnelles *France*

Sauternes is a traditional sweet dessert wine from Bordeaux

125ml  7.00 Half Bottle  20.00

CHEF'S SPECIALS

Sticky toffee pudding ✓

with custard. *688kcal*

Chocolate fondant ✓

raspberry cream. *626kcal*

ICE CREAM ✓

served with Sablé biscuit

Blackberry & clotted cream *340kcal*

Chocolate *349kcal*

Strawberry *319kcal*

Vanilla *281kcal*

Salted caramel *307kcal*

PLANT BASED

ICE CREAM ✓

Salted caramel *240kcal*

Vanilla *237kcal*

SORBETS ✓

Lemon *116kcal*

Mango *134kcal*

Adults need around 2,000kcal a day

✓ Suitable for vegetarians ✓ Suitable for vegans

For more information about the presence of allergens in all our dishes and menus, please ask a member of our team every time before ordering even if you have dined with us before as our food ingredients and specifications can change. Full allergen information on the ingredients in the food we serve is available via QR code on menu. Packaged products (i.e. sauce sachets and bottles, juices, water) are not covered in this allergen guide, allergen information for these products is printed on the packaging. We take great care to prevent cross-contamination when preparing your food, however, please be aware that all our dishes are prepared in kitchens where all known allergens are present and there is also risk of allergen cross contamination through shared cooking equipment e.g. fryers. Therefore, we cannot guarantee that any food item is completely free from allergens. If you would like further information on our cooking methods, please ask. As we use other foods containing gluten in our kitchens we cannot declare or guarantee that any of our dishes are gluten free. Our menu descriptions do not list all ingredients, please advise the team of any dietary requirements when ordering. Our staff cannot offer specific advice or recommendations beyond our published allergen communications. MK.LITTLECOTE_EVENING_INDIA.UPDATE_2023

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