



AFTERNOON TEA
in the country

**NON-GLUTEN CONTAINING
INGREDIENTS MENU**



SMITHS OF LONDON

We're proud to partner with family business Smiths of London to offer speciality loose-leaf teas and handcrafted coffees.

Choose from the following blends:

Full English Breakfast

a classic combination of bold Indian and brisk African black teas

Liquorice Limey

liquorice, peppermint, fennel & lime Infusion

CONTAINS LIQUORICE – people suffering from hypertension should avoid excessive consumption.

Afternoon Earl Grey

bergamot flavoured black tea blend

Masala Chai

spiced black tea blend

Spiced Blueberry Pie

spiced blueberry flavoured rooibos Infusion

Moroccan Mint

green tea with mint infusion

Sri Lanka Decaffeinated

decaffeinated black tea

Sencha Green Fields

premium sencha green tea from Japan

All of the above teas contain no calories.
Jug of **Semi skimmed milk** 120kcal available on request.

We also offer milk alternatives at no extra cost.

Almond 31kcal / **Coconut** 79kcal / **Soya** 79kcal.

NON-GLUTEN CONTAINING INGREDIENTS MENU

The dishes on this menu are made with ingredients which do not contain gluten. As we use other foods containing gluten in our kitchens we cannot declare or guarantee that any of our dishes are gluten free.

Afternoon Tea

for two **£45**

Calorie information provided on this menu is per person.

SANDWICHES

(served on white bread)

Cheddar cheese with chutney ✓

414kcal

Roast beef & roasted tomatoes

391kcal

Chicken & tarragon mayonnaise

317kcal

**Egg mayonnaise, shallots
& watercress** ✓

301kcal



SWEET TREATS

Lemon drizzle cake

239kcal

Fruity granola slice ✓

441kcal

**Strawberries and whipped cream
with Pimm's™ syrup**

564kcal

**Fruit scone, strawberry jam
& clotted cream** ✓

632kcal

Chocolate & nut brownie

366kcal

Adults need around 2,000kcal a day.

There are few hours in life more agreeable

Enjoy the ceremony of delicate sandwiches, scones and sweet treats in a truly historic setting.

Served with speciality loose-leaf teas and handcrafted coffees – or bubbles for extra indulgence.

Available year-round, inside in an elegant lounge or on a terrace with a countryside view.



Scan this QR code
to view the menu
from your phone

✓ - Suitable for vegetarians

For more information about the presence of allergens in all our food or drink, please ask a member of our team every time before ordering even if you have dined with us before as our food or drink ingredients and specifications can change. Full allergen information on the ingredients in the food or drink we serve is available via QR code on menu. Packaged products (i.e. sauce sachets and bottles, juices, water) are not covered in this allergen guide, allergen information for these products is printed on the packaging. We take great care to prevent cross-contamination when preparing your food and drink, however, please be aware that all our dishes are prepared in kitchens and bars where all known allergens are present and there is also risk of allergen cross contamination through shared cooking equipment e.g. fryers. Therefore, we cannot guarantee that any food item is completely free from allergens. If you would like further information on our cooking methods, please ask. As we use other foods containing gluten in our kitchens and bars we cannot declare or guarantee that any of our dishes are gluten free. Our menu descriptions do not list all ingredients, please advise the team of any dietary requirements when ordering. Our staff cannot offer specific advice or recommendations beyond our published allergen communications.