Brasserie's Breakfast

until 11am

Toast 🗸

served with butter and preserves White 415kcal / Brown 420kcal

Porridge V

Sultanas, almonds, brown sugar. 399kcal

Granola

Natural yoghurt, fruit compote, fresh berries. 356kcal

Fresh fruit salad 💀

Coconut sauce. 132kcal

Bakery V 5.50

Croissant, chocolate and fruit pastries, white and brown bread rolls, served with butter and preserves. 1,097kcal

Eggs Royale

Smoked salmon, toasted muffin, poached eggs, spinach, Hollandaise sauce. 540kcal

Eggs Benedict

Honey roasted ham, toasted muffin, poached eggs, spinach, Hollandaise sauce. 575kcal

Black pudding & fried eggs

Grilled sourdough toast and bacon jam. 1,138kcal

Baked eggs

Smoked haddock, creamy spinach, cured ham soldiers. 1,260kcal

Eggy, guacamole muffins

Curried scrambled eggs, spinach, chilli flakes. 842kcal

Full English breakfast

Grilled rashers of bacon, Cumberland sausage, roasted tomato, hash brown, black pudding, mushrooms, baked beans. Served with fried egg 1,002kcal, scrambled egg 867kcal or poached egg 920kcal

Vegetarian breakfast V

Vegetarian sausages, roasted tomato, sautéed spinach, baked beans, hash browns, mushrooms. Served with fried egg 421kcal, scrambled egg 285kcal, poached egg 338kcal or scrambled tofu 346kcal

Vegan breakfast 😘

Falafel, crushed avocado, mushroom, roasted tomato, scrambled tofu. sourdough toast. 819kcal

Ultimate breakfast roll

Grilled bacon, hash brown, Cumberland sausage, fried egg, bacon jam, tomato mayonnaise in a grilled soft roll. 1,131kcal

DRINKS

Smoothies

Kale & coconut 🔮

Mango, apple, natural yoghurt. 50kcal

Exotic mix 😘

Mango, pineapple, passion fruit, orange. 32kcal

Juice

Orange 13kcal Apple 14kcal Red berry 3kcal





Smith's of London

Hand-crafted. Artisan roast. Master blenders. Speciality coffees ℰ teas... since 1936.

add any flavour coffee syrup for 50p Caramel 80kcal / Hazelnut 80kcal / Vanilla 80kcal

Cappuccino* regular **3.70** / large **3.90** 92kcal 87kcal

Macchiato* regular 3.30 12kcal

Espresso regular 2.80 / large 3.70 1kcal 1kcal

Latte* regular **3.70** / large **3.90**

116kcal

*Calorie information includes semi skimmed milk. Jug of Semi skimmed milk 120kcal. We also offer milk alternatives at no extra cost. Almond 31kcal / Coconut 79kcal / Soya 79kcal.

Adults need around 2,000kcal a day



For more information about the presence of allergens in all our food or drink, please ask a member of our team every time before ordering even if you have dined with us before as our food or drink ingredients and specifications can change. Full allergen information on the ingredients in the food or drink we serve is available via QR code on menu. Packaged products (i.e. sauce sachets and bottles, juices, water) are not covered in this allergen guide, allergen information for these products is printed on the packaging. We take great care to prevent cross-contamination when preparing your food and drink, however, please be aware that all our dishes are prepared in kitchens and bars where all known allergens are present and there is also risk of allergen cross contamination through shared cooking equipment e.g. fryers. Therefore, we cannot guarantee that any food item is completely free from allergens. If you would like further information on our cooking methods, please ask. As we use other foods containing gluten in our kitchens and bars we cannot declare or guarantee that any of our dishes are gluten free. Our menu descriptions do not list all ingredients, please advise the team of any dietary requirements when ordering. Our staff not offer specific advice or recommendations beyond our published allergen communications. B32_BREAKFAST/2022

ALLERGENS AND CALORIES

106kcal

Whether you are vegetarian or vegan, have an allergy or intolerance to any ingredient, or just want more detail about our food and drinks including kcals – simply scan the QR code to find out more.

