

## LIGHT BITES

Soup of the day **V** 7.95 Olive & rosemary bread stick. 501kcal

Served with your choice of fries (387kcal) or dressed rocket salad (32kcal)

Sausage roll 6.95 Caramalised onion chutney. 584kcal

Vegan sausage roll 🔮 🌝 6.95 Caramalised onion chutney. 270kcal

Scotch egg 6.95 Golden beetroot piccalilli. 681kcal

## FRESHLY PREPARED SALADS

Honey & mustard chicken salad 9.50 Pulled roast chicken, house salad, grilled tenderstem, radish, red peppers, crispy onions, chives, honey & mustard dressing. 453kcal

Caesar salad 🔮 9.50 Gem lettuce, sourdough croutons, cheese, egg and Caesar dressing. 943kcal add pulled roast chicken 115kcal 1.95

### WRAPS & ΤΟΑΣΤΙΕΣ

Served with your choice of fries (387kcal) or dressed rocket salad (32kcal)

> Prawn Marie Rose wrap 9.25 676kcal

Roasted veggie & pesto wrap 🔮 8.95 606kcal

> Ham & cheese toastie 9.25 Wholegrain mustard. 979kcal

## FRIES

Skin on fries 🛛 💀 3.95 387kcal

Loaded cheesy fries **V** 4.95 858kcal

Loaded BBQ jalapeño fries V 4.95 935kcal

### SANDWICHES PLATTERS &

Crispy fish fingers on sourdough ciabatta 9.50 Pea & mint mayonaise, pickled cucumber, gem letuice. 870kcal

Open steak sandwich 10.95 Sourdough ciabatta, roasted tomato chutney, mustard mayonnaise. 687kcal

### Fisherman's catch 19.95 (Serves two)

Smoked salmon, potted crab, smoked mackerel, prawn & avocado salad, sourdough bread. 2,095kcal

Ploughman's platter 16.95 (Serves two) Sliced ham, pickled onion, golden beetroot piccalilli, mature Cheddar cheese, apple, pulled ham & pea tart, mini pork pie, sourdough bread. 1.737kcal

# CAKES & TRAY BAKES

Please ask you host for today's selection of delishous baked goods. Starting from 3.95

### V Suitable for vegetarians 🛛 😡 Suitable for vegans

#### For more information about the presence of allergens in all our food or drink, please ask a member of our team every time before ordering even if you have dined with us before as our food ingredients and specifications can change. Full allergen information on the ingredients in the food or drink we serve is available via QR code on menu. Packaged products (i.e. sauce sachets and bottles, juices, water) are not covered in this allergen guide, allergen information for these products is printed on the packaging. We take great care to prevent cross-contamination when preparing your food, however, please be aware that all our dishes are prepared in kitchens where all known allergens are present and there is also risk of allergen cross contamination through shared cooking equipment e.g. fryers. Therefore, we cannot guarantee that any food item is completely free from allergens. If you would like further information on our cooking methods, please ask. As we use other foods containing gluten in our kitchens we cannot declare or guarantee that any of our dishes are gluten free. Our menu descriptions do not list all ingredients, please advise the team of any dietary requirements when ordering. Our staff cannot offer specific advice or recommendations beyond our published allergen communications. B32 LUNCH 2023

Adults need around 2,000kcal a day

FOOD ALLERGY OR INTOLERANCE? If you have a food allergy or intolerance, or just want more detail about the ingredients in our food and drinks including calories - please let our team know or scan the QR code to find out more

