

# Brasserie 32

## Breakfast

until 11am

### Toast ✓

served with butter and preserves  
White 415kcal / Brown 420kcal

### Porridge ✓

Sultanas, almonds, brown sugar. 399kcal

### Granola

Natural yoghurt, fruit compote,  
fresh berries. 356kcal

### Fresh fruit salad ✓

Coconut sauce. 132kcal

### Bakery ✓ 5.50

Croissant, chocolate and fruit pastries,  
white and brown bread rolls, served  
with butter and preserves. 1,097kcal

### Eggs Royale

Smoked salmon, toasted muffin, poached  
eggs, spinach, Hollandaise sauce. 540kcal

### Eggs Benedict

Honey roasted ham, toasted muffin,  
poached eggs, spinach,  
Hollandaise sauce. 575kcal

### Black pudding & fried eggs

Grilled sourdough toast  
and bacon jam. 1,138kcal

### Baked eggs

Smoked haddock, creamy spinach,  
cured ham soldiers. 1,260kcal

### Eggy, guacamole muffins

Curried scrambled eggs,  
spinach, chilli flakes. 842kcal

### Full English breakfast

Grilled rashers of bacon, Cumberland  
sausage, roasted tomato, hash brown,  
black pudding, mushrooms, baked  
beans. Served with fried egg 1,002kcal,  
scrambled egg 867kcal  
or poached egg 920kcal

### Vegetarian breakfast ✓

Vegetarian sausages, roasted tomato,  
sautéed spinach, baked beans,  
hash browns, mushrooms. Served with  
fried egg 421kcal, scrambled egg 285kcal,  
poached egg 338kcal  
or scrambled tofu 346kcal

### Vegan breakfast ✓

Falafel, crushed avocado, mushroom,  
roasted tomato, scrambled tofu,  
sourdough toast. 819kcal

### Ultimate breakfast roll

Grilled bacon, hash brown, Cumberland  
sausage, fried egg, bacon jam, tomato  
mayonnaise in a grilled soft roll. 1,131kcal

## DRINKS

### Smoothies

#### Kale & coconut ✓

Mango, apple, natural yoghurt.  
50kcal

#### Exotic mix ✓

Mango, pineapple,  
passion fruit, orange.  
32kcal

### Juice

Orange 13kcal

Apple 14kcal

Red berry 3kcal



## HOT DRINKS



### Smith's of London

Hand-crafted. Artisan roast. Master blenders. Speciality coffees & teas... since 1936.

add any flavour coffee syrup for 50p

Caramel 80kcal / Hazelnut 80kcal / Vanilla 80kcal

#### Cappuccino\*

regular 3.70 / large 3.90  
92kcal 87kcal

#### Macchiato\*

regular 3.30  
12kcal

#### Espresso

regular 2.80 / large 3.70  
1kcal 1kcal

#### Latte\*

regular 3.70 / large 3.90  
116kcal 106kcal

\*Calorie information includes semi skimmed milk. Jug of Semi skimmed milk 120kcal.

We also offer milk alternatives at no extra cost. Almond 31kcal / Coconut 79kcal / Soya 79kcal.

### ✓ Suitable for vegetarians ✓ Suitable for vegans

For more information about the presence of allergens in all our food or drink, please ask a member of our team every time before ordering even if you have dined with us before as our food or drink ingredients and specifications can change. Full allergen information on the ingredients in the food or drink we serve is available via QR code on menu. Packaged products (i.e. sauce sachets and bottles, juices, water) are not covered in this allergen guide, allergen information for these products is printed on the packaging. We take great care to prevent cross-contamination when preparing your food and drink, however, please be aware that all our dishes are prepared in kitchens and bars where all known allergens are present and there is also risk of allergen cross contamination through shared cooking equipment e.g. fryers. Therefore, we cannot guarantee that any food item is completely free from allergens. If you would like further information on our cooking methods, please ask. As we use other foods containing gluten in our kitchens and bars we cannot declare or guarantee that any of our dishes are gluten free. Our menu descriptions do not list all ingredients, please advise the team of any dietary requirements when ordering. Our staff cannot offer specific advice or recommendations beyond our published allergen communications. B32\_BREAKFAST/2022

Adults need around 2,000kcal a day

#### ALLERGENS AND CALORIES

Whether you are vegetarian or vegan, have an allergy or intolerance to any ingredient, or just want more detail about our food and drinks including kcal - simply scan the QR code to find out more.

