



SALON SPA

# - WELCOME TO - SALON SPA

Whether you're a seasoned spa enthusiast or a first-timer, it's the perfect place to spoil yourself.

With a wide range of treatments for men and for women, Salon Spa provides you with the opportunity to rediscover your senses, rest your mind and have a little fun. On the following pages you'll find details of the many therapies we offer, all of which include a consultation and a personal recommendation.

Our warm and friendly team are here to help and happy to answer any questions you may have about our treatments and facilities; we can even arrange a spa tour if you'd like.

We've worked with top product house Temple Spa – a spa brand who passionately believe true beauty is so much more than skin deep – and all our products and experiences are created to nurture body, mind and soul. We also use Jessica and Mii Cosmetics to complement the fabulous selection of treatments on offer.

*Treat yourself to some precious 'me' time – you deserve it!*



TEMPLESPA



JESSICA®



AUSTRALIAN  
BODYCARE

Hy-Wax

# LUXURY FACIALS

## Champagne & truffles deluxe treatment **£95**

The crème de la crème of facials

This stunning treatment is just the thing if you are looking for a serious celebration for the skin, containing ingredients such as champagne, silk, diamonds, gold and of course black truffles. Highly unique elements include special lymph-draining massage techniques to reveal fresher skin, a warm melting mask to help iron out fine lines and wrinkles, specialist lifting massage to strengthen muscle tone on the face and jowls, and an iced blend to reduce puffiness. Finally, an application of Temple Spa's award-winning skin truffle will leave your complexion glowing, more youthful and instantly wonderful.

**85 MINUTES**



## Red Carpet Miracle Facial **£65**

The ultimate special occasion facial

This high-tech miracle facial is the one to go for if you're seeking instant and visible results, and skin fit for the red carpet – you know, that radiant glow and sculpted firmness of youth. We start with our unique and highly effective brush-cleanse, followed by our advanced skin-lifting and muscle-energising facial massage combined with the dynamic glycolic resurfacing performance of our award-winning the big reveal. Your therapist becomes your skin's personal trainer as your face gets a skin and muscle workout! Facial contours are then wrapped in the contourist, our remodelling face mask which hugs facial contours and irons out fine lines. And whilst the miracle-working goodness of the mask is going to work, you can enjoy a scalp or hand/arm massage. The final transformation is an optional sweep of radiance-enhancing colour, using glint to fade those dark circles and a finishing touch of velvelutto, our skin-perfecting velvet face base. Wow! The ultimate radiance facial.

**55 MINUTES**

# FACIALS | PRESCRIPTION & SKIN-BOOSTING FACIALS

## My Kinda Skin

£60

Bespoke prescription facial for your skin type

Let us analyse your skin and prepare a tailored treatment just for you. Your facial includes a tailored face and décolletage massage plus a relaxing scalp massage. You will feel amazing and your skin will look so, so good.

**55 MINUTES**

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## Mediterranean Marinade

£60

A calming facial for sensitive or delicate skin

A luxurious facial to help soothe and calm the effects of fatigued, delicate or stressed skin. The secret is in our cooling, calming marinade mask, lymph-draining and oh-so-tranquil face massage.

**55 MINUTES**

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## Go Guy – Male Executive

£60

Men's facial for all skin types

A facial to revive your skin, soothe aching neck muscles and smooth away worry lines. Includes a deep brush cleanse, an energising or relaxing massage, plus exfoliating mask. And for the finale, a detoxifying foot massage.

**55 MINUTES**

## The Power Breakfast Facial

£35

Express facial for all skin types

Looking for results, like now? This revitalising facial includes a deep power cleanse, nutritious clay mask, lymph-drainage techniques for rapid turnaround, topped off with a wake-up scalp massage. Quick, go!

**25 MINUTES**

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# WELL-BEING FACIALS

## Repose Aromatherapy Facial

£70

Relaxing, indulgent facial for all skin types

There's nothing like stress for lining the skin and there's nothing like relaxation for smoothing it! This indulgent aromatherapy facial includes a relaxing face massage and eye treatment followed by a hot oil scalp massage, plus a hand and arm massage. Pure Bliss.

**70 MINUTES**

*Unsure which facial to choose?*

We're here to help. Call us today, or pop in and see one of our friendly team.



# BODY TREATMENTS

## I'll Be Back

£45

A facial for the back

Following an invigorating skin exfoliation with our Mediterranean scrub, warm purifying mud is smoothed all over your back for a deeply cleansing treatment. Heated fragrance-infused mitts are used to remove the mask before a stimulating massage, leaving you energised and with a back to be proud of.

**40 MINUTES**

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## Aaahhh!

£35

Leg & foot energiser

Don't you just hate it when your legs and feet beat like drums? This oh-so-good treatment is instant relief for tired, overworked limbs. It begins with skin-brushing to help eliminate excess fluids, followed by our Mediterranean Scrub, then a warm oil massage that will leave you tingling, and finally an invigorating rub with 'Aaahhh!' Great to add on to another treatment.

**25 MINUTES**

## The Outer Glow

£45

Face & body exfoliation

Using our unique Sugar Buff Body Scrub, we polish your body and exfoliate your face with a Breakfast Smoothie. This invigorating and refreshing all-over treatment leaves the skin top-to-toe soft, revitalised and hydrated. The perfect way to begin another body treatment and an absolute must before you commence your vacation or special event. Go and glow!

**40 MINUTES**

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## Glorious Mud

£60

Skin-conditioning & detoxifying mud wrap

Using the finest blends of ingredients for detoxification and purification of the body, this treatment starts with top-to-toe body-brushing to encourage lymphatic flow. The body is then smoothed with warm vitamin and mineral-rich mud which helps nourish and purify the skin. Once cocooned in a cosy wrap, the relaxation process is then taken to another level with a glorious face and scalp massage. You wouldn't believe wallowing in mud could feel so good!

**55 MINUTES**

# MASSAGES

## Drift Away

£40/£65

Relaxing full-body massage

This is our really relaxing top-to-toe massage, formulated with a dreamy blend of essential oils, guaranteed to have you drifting away. We'll wind you down and take your mind off your problems for a while.

**25 / 55 MINUTES**

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## Work It Out Massage

£40/£65

Detoxing / muscle workout massage

A detoxifying massage that will sculpt the body, relieve fluid retention and work out tired muscles, using the ingenious Work It Out detox oil. First we start with a full-body brushing to get the circulation going and improve lymph drainage. Then we perform a body-boosting, deep-tissue massage with special techniques to really give your muscles a workout, working on knots, tensions, tightness and helping the detox process. Detox-licious!

**25 / 55 MINUTES**

## Rocks of the Mediterranean

£75

Hot stone massage

This popular thermal stone massage is a glorious treatment using warm basalt lava stones to massage the body from head to toe, harnessing the touch of the stone and the influence of the heat to create an aura of warmth. The muscles are relaxed and rejuvenated in a sensation unique to stone massage. It's an experience you just have to have at least once in your life.

**70 MINUTES**



# SPA EXPERIENCES | TOP-TO-TOE SPA AFFAIRS!

## The Mediterranean Float

£90

The fully loaded skin-luxe facial & body duo

Packed with delicious ingredients, this double deluxe all-over treatment will leave you looking and feeling like you've taken a mini vacation. Your mind will escape as your body is polished and nourished with the iconic Mediterranean body scrub, prior to being cocooned in an aromatic infusion to soften and hydrate. Your rejuvenating facial contains our unique Mediterranean marinade. The results....? A totally smoothed and soothed skin, head to toe.

**85 MINUTES**

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## A Brush with Heaven

£90

Totally unique face & body treatment using only brushes

Imagine the sensation of a sequence of brushes in varying sizes and textures being used from top to toe to massage, stimulate, drain toxins and apply delicious preparations to the face and body. Once lavished in rich warm body oil, you will be cocooned, then treated to the exclusive Temple Spa facial treatment. Carried out entirely with brushes while you doze, it's heaven!

**85 MINUTES**

## My Kinda Mood

£120

A prescriptive facial & massage bespoke to you

Not sure how to spend the next couple of hours? First, we'll chat about how you're feeling – skin, body and soul – and let you smell different aromas to find one to match your mood. Then we'll take care of you with a wonderfully relaxing and restorative full-body massage, followed by an indulgent facial. We'll select the products and techniques perfect for your wants and needs. You will look, feel and smell oh so good.

**115 MINUTES**





## Temple Spa Bespoke Back and Face Sensation

£40

Ultimate relaxation experience

This glorious treatment begins with a bespoke back, neck and shoulder massage followed by a relaxing, soothing and regenerating facial. It finishes with a divine scalp massage to tease away all final traces of tension and stress.

**40 MINUTES**

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## Temple Spa Energy Booster Treatment

£40

Back, leg and foot energiser

This treatment begins with a body brush to stimulate and invigorate followed by a tension-relieving back, neck and shoulder massage. Your therapist will then work on releasing any tension and pain on the back of the legs to ease tight, aching muscles, finishing with a soothing and detoxifying foot massage.

**40 MINUTES**

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## Temple Spa Go in Strength Treatment

£40

Leg, arm and shoulder strengthener

This invigorating rub begins with a body brush to stimulate and invigorate, followed by an intensive massage to the front of the legs to release stiff, tight muscles. Your therapist will then work on the upper body, including the arms, décolletage and shoulders, to soothe tired, aching muscles, giving you that much-needed energy boost!

**40 MINUTES**

## Temple Spa Side Order Treatments

Have you ever had a treatment at a spa and thought to yourself, 'I wish I could have a little more'? Well now you can! Here we present a lovely selection of options to add onto your main treatment. These can be added to any facial, massage or body treatment.

1. **STRESSED OUT?**  
Enjoy our hot stone neck and shoulder treatment.
2. **HEAD FEEL HEAVY AND UPTIGHT?**  
You will love our sedating hot oil scalp massage.
3. **LOVE YOUR HANDS TO BE PAMPERED?**  
Select our indulgent hand ritual.
4. **WANT A SPRING IN YOUR STEP?**  
Select our indulgent foot ritual.
5. **WANT TO LOOK LESS TIRED?**  
Discover our secret eye remedy.

**15 MINUTES PER SIDE ORDER  
CONTOURIST UPGRADE**

£18

£10



# HOLISTIC COLLECTION\*

## Reflexology

£42

Reflexology is the technique of applying gentle pressure over the reflex points found on the feet in order to stimulate the body's own healing capacity. It promotes relaxation and helps you return to a state of balance and well-being.

**45 MINUTES**

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## Indian Head Massage

£37

This treatment is ideal for the relief of head, neck and shoulder tension.

**40 MINUTES**

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## Hopi Ear Candling

£36

This relaxing, gentle treatment is excellent for anyone who suffers from sinusitis, headaches, migraines, glue ear, hay fever or excessive earwax. Perfect for drawing out impurities and helping to rebalance the ear.

**40 MINUTES**



\*Please be aware that holistic treatments are only available at selected Warner Hotels and Villages – please ask a member of the team for more details and availability.

# THE JESSICA SYSTEM

Nails have their own DNA, their own specific strengths and weaknesses – just like hair and skin. It is impossible to treat all nails in the same way.

That is why the foundation of the Jessica System is in its precision, allowing you to experience a customised service.



## HANDS

### Jessica Prescriptive Manicure **£32**

A treatment manicure in which cuticles are cared for with oils and creams, the nails shaped to perfection and finished with an application of colour.

**40 MINUTES**

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### Jessica Deluxe Manicure with thermal mittens **£40**

Incorporating the prescriptive manicure, thermal mittens aid a deeper skin-drenching of oils and creams, softening cuticles and improving circulation.

**70 MINUTES**

### Jessica File & Polish **£21**

Reshaping of your nails, finished with an application of colour. Or take your chosen polish home with you for just £24.

**25 MINUTES**

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### Men's Manicure **£19**

A thorough grooming session – attention is paid to the nails and cuticles, finished with an invigorating hand and arm massage.

**25 MINUTES**

# F E E T

## Jessica Zen Spa Pedicure **£34**

A luxury foot treatment using Jessica's Zen Spa collection. Cuticles are cared for with oils and creams, leaving you with smoother, softer and revitalised feet, finished with an application of colour.

**55 MINUTES**

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## Jessica Deluxe Zen Spa Pedicure with thermal mittens **£42**

Incorporating the Zen Spa pedicure, thermal mittens aid a deeper skin-drenching of oils and creams, softening cuticles and improving circulation.

**70 MINUTES**

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## Jessica File & Polish **£21**

Reshaping of your toenails, finished with an application of colour. Or take your chosen polish home with you for just £24.

**25 MINUTES**

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## Men's Pedicure **£19**

A soothing foot bath with attention to nails and cuticles, including a relaxing foot and leg massage.

**25 MINUTES**

# J E S S I C A G E L E R A T I O N

## Jessica Express GELeration Polish **£26**

Created with the nurture of your natural nail in mind, GELeration protects your nails while offering weak, bitten or problem nails the opportunity to grow underneath the gel.

**45 MINUTES**

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## GELeration Manicure **£35**

Jessica's GELeration long lasting gel overlay polish finish is the final step in a luxurious hand treatment.

**60 MINUTES**

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## GELeration Pedicure **£37**

Jessica's GELeration long-lasting gel overlay polish finish is the final step in a luxurious foot treatment.

**60 MINUTES**

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## Jessica Gel Removal **£8**

Expert removal of your existing Jessica GELeration polish. Or purchase your own GELeration removal kit for the perfect gel removal at home, just £13.50.



JESSICA®



# FINISHING TOUCHES

## EYE TREATMENTS

Eyelash and brow tint*	<b>25 minutes   £19</b>
Eyelash tint*	<b>15 minutes   £14</b>
Eyebrow tint*	<b>15 minutes   £11</b>
Eyebrow shape	<b>15 minutes   £11</b>

## WAXING

Full leg and bikini	<b>45 minutes   £30</b>
Half leg and bikini	<b>30 minutes   £24</b>
Full leg	<b>40 minutes   £28</b>
Half leg	<b>30 minutes   £18</b>
Bikini	<b>15 minutes   £14</b>
Underarm	<b>15 minutes   £13</b>
Lip and chin	<b>15 minutes   £12</b>
Lip	<b>15 minutes   £10</b>
Chin	<b>15 minutes   £10</b>

## MEN'S WAXING

Chest wax	<b>25 minutes   £16</b>
Back wax	<b>25 minutes   £16</b>

\*Please note that all tinting treatments require a skin test 24 hours prior to the appointment



Mii

Mii make-up full makeover **40 minutes | £35**

Mii make-up fix-up **25 minutes | £25**

Focus on eyes, lips or quick light make-up, perfect to finish off your look.

# INFORMATION AND FREQUENTLY ASKED QUESTIONS

## **I've never had a treatment before, what can I expect?**

You can expect a friendly, highly-trained therapist who will explain your treatment, the benefits, and answer any questions you may have.

## **How do I book?**

Please call in to the Salon Spa and we'll be happy to check availability for you. However, our treatments are extremely popular and we would strongly recommend that you call to book in advance to ensure you don't miss out!

## **What do I need to wear or bring?**

As it's not necessary to remove clothing for all of our treatments please just wear something you can relax in. Our therapists take special care to make you feel comfortable before your treatment begins, and underwear or swimwear may be worn if you prefer.

## **What if I have a medical condition or take medication?**

If you have had or are suffering from severe allergies, ill health, a particular medical condition or are pregnant, we advise you to speak to your GP prior to arrival to ensure you can use all of our facilities. In some circumstances we may require written confirmation from your doctor. Please contact us if you would like more information or to make us aware of any medical conditions.

## **Cancellation and lateness policy**

As a courtesy to other guests and to our therapists please give us at least 72 hours' notice if you need to cancel a treatment. Please note that there is a 50% cancellation fee if less than 72 hours' notice is given and for cancellations with less than 24 hours' notice a 100% fee is charged. Bookings made less than 24 hours in advance are also subject to our cancellation policy.



# WARNERLEISUREHOTELS

We're all grown up