





### Lighter Bites perfect for an afternoon nibble or to share with friends

#### Chef's soup of the day © 6.50

Sourdough bread and butter. scan our QR code to see the calorie information of our soups.

#### Garlic mushrooms @ 6.50

Grilled portobello mushrooms, garlic oil, roasted tomato chutney, pine nuts. 228kcal

#### Whipped goats cheese **©** 7.50

Honey, toasted almonds, fig chutney, baked ciabatta. 879kcal

#### Crispy fried calamari 6.95

Garlic mayonnaise. & lime. 559kcal

#### Half pint of shell-on prawns 8.95

Marie Rose dip, cucumber salad. 484kcal

#### Potted Ham Hock 8.50

Parsley butter, warm cheese scone. 711kcal

#### Smoked salmon 8.50

Dill & crème fraîche potatoes, pickled cucumber & fennel. 168kcal

#### Chorizo & halloumi skewers 8.50

Tomato salsa, zesty yoghurt. 877kcal

## Sandwiches on crusty baked bread

#### Cheese Ploughman's § 9.25

Ciabatta roll, roasted tomato chutney, pickled red onion, salad leaf & vegetable crisps. 1,023kcal

#### Honey Roast Ham 9.50

Ciabatta roll, English mustard mayonnaise, sliced beef tomato, salad leaf & vegetable crisps. 773kcal

### Loaded Ciabatta toasted on our chargrill

# Grilled open steak sandwich 10.95

Rump steak, grilled ciabatta, roasted tomato chutney, mustard mayonnaise, pea shoots. 685kcal

# Smashed avocado open sandwich © 9.50

Pickled red onion, asparagus, radish, pine nuts, pumpkin seeds, roquette, grilled ciabatta, roasted tomato chutney. 394kcal

### Wraps deep & freshly filled

#### Prawn Marie Rose wrap 9.75

Grilled wrap, cucumber salad & vegetable crisps. 784kcal

# Roasted Vegetable & Roquette Wrap § 9.25

Grilled wrap, basil pesto, roquette & vegetable crisps. 815kcal

### **Salads** full of vibrant flavours

# Honey & mustard chicken salad 10.95

Pulled roast chicken, house salad, grilled tenderstem, radish, red peppers, crispy onions, chives, honey & mustard dressing. 453kcal

#### Caesar salad • 10.95

Gem lettuce, Sourdough croutons, cheese, egg & Caesar dressing. 950kcal

## **Desserts** go on, treat yourself...

## White chocolate chip cookie sundae § 7.25

Banana, toffee sauce, salted caramel ice cream. 872kcal

#### Grilled pineapple • 7.25

Lime zest, mango & coconut sauce, roasted hazelnuts. 525kcal

#### Warm dark chocolate brownie ® 7.25

Mixed berry compote, plant based vanilla ice cream. 449kcal

#### Ice cream sundae § 5.95

served with chocolate sauce, Cadbury's 99 flake<sup>TM</sup>, strawberry. **Vanilla** 228kcal

Chocolate 341kcal Strawberry 288kcal

#### Plant based ice cream © 5.95

Salted caramel 240kcal Vanilla 237kcal

#### Sorbets © 5.95

Lemon 116kcal Mango 134kcal

## **Speciality Hot Drinks** from **2.85**

Speciality hot drinks will be added to your room account

**Smith's of London** Hand-crafted. Artisan roast. Master blenders. Speciality coffees & teas... since 1936.

Americano

Cappuccino\*

Regular 1kcal | Large 1kcal

Regular 92kcal | Large 87kcal

Latte\*

Espresso

Regular 116kcal | Large 106kcal

Regular 1kcal | Large 1kcal

Macchiato\* Regular 12kcal

### Speciality tea

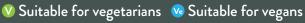
scan our QR code to see the calorie info of tea range. Hot chocolate

**Regular** 156kcal | **Large** 208kcal Not part of Smith's of London range.

Jug of Semi skimmed milk 120kcal

We also offer milk alternatives at no extra cost. Almond 31kcal | Coconut 79kcal | Soya 79kcal | Oat 110kcal Add any flavour coffee syrup for 50p. Caramel 59kcal | Hazelnut 59kcal | Vanilla 59kcal





If you have a food allergy or intolerance, or just want more detail about the ingredients in our food and drinks including calories – please let our team know or scan the QR code to find out more find out more.

FOOD ALLERGY OR INTOLERANCE?



For more information about the presence of allergens in all our food or drink, please ask a member of our team every time before ordering even if you have dined with us before as our food or drink ingredients and specifi cations can change. Full allergen information on the ingredients in the food or drink we serve is available via QR code on menu. Packaged products (i.e. sauce sachets and bottles, juices, water) are not covered in this allergen guide, allergen information for these products is printed on the neith. Packaged products (i.e. sauce sachets and bottless, judes, water) are not covered in this anerger guide, anerger information for these products is printed on the packaging. We take great care to prevent cross-contamination when preparing your food and forthis, however, please be aware that all our dishes are prepared in kitchens and bars where all known allergens are present and there is also risk of allergen cross contamination through shared cooking equipment e.g. fryers. Therefore, we cannot guarantee that any food item is completely free from allergens. If you would like further information on our cooking methods, please ask. As we use other foods containing gluten in our kitchens and bars we cannot declare or guarantee that any of our dishes are gluten free. Our menu descriptions do not list all ingredients, please advise the team of any dietary requirements when ordering. Our staff cannot offer specific advice or recommendations beyond our published allergen communications. TD\_LUNCH\_2023