

▼ LESS THAN 300 CALORIES ▼ LESS THAN 500 CALORIES

TO START

FRESHLY BREWED COFFEE OR TEA

...followed by...

FRESH TOAST – BROWN / WHITE / MIXED ▼

...with a choice of...

ORANGE OR PINK GRAPEFRUIT
OR APPLE JUICE OR SMOOTHIES ▼

THE CONTINENTAL

CEREALS ▼ ▼

MUESLI / WEETABIX / RICE KRISPIES
SPECIAL K / BRAN FLAKES / CORN FLAKES

Chef's Own Porridge ▼ ▼

freshly made with a selection of cinnamon, nuts,
brown sugar, dried fruit and fruit compote

*Why not add a flavoured yoghurt
or a granola sundae?* ▼

natural yoghurt with raspberry or
forest fruit compote or home-made granola

THE FRUIT BASKET * ▼

Preserved ▼

prunes,
mandarins, pear halves,
peach slices and
grapefruit

Fresh Seasonal ▼

apples, bananas, kiwis,
strawberries and pieces of
pineapple, watermelon and
honeydew melon

THE BREAKFAST DELI ▼ ▼

Fresh Today

pains au chocolat, mini croissants, assorted baked breads and bagels *with a choice of Emmental, Brie and sliced Mortadella*

* Gluten-free options available on request; please speak to your Host ▼ Vegetarian; please speak to your Host

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PANCAKES MADE-TO-ORDER [▼] [▼]

served simply with lemon, sugar, a selection of fresh fruit or syrups

THE FULL ENGLISH

GRILLED RASHERS OF BACON / FRESH TOMATOES
CUMBERLAND OR PORK SAUSAGES / BAKED BEANS
EGGS (TELL US HOW YOU LIKE THEM)
HASH BROWN / BUTTON MUSHROOMS

THE HEALTHY ENGLISH

GRILLED BACON RASHERS, WITH SCRAMBLED EGGS,
FRESH TOMATOES OR BAKED BEANS ▼

THE CLASSICS

Eggs cooked to order ▼

two boiled or poached eggs, buttered toast and Marmite

Corned beef hash cake * ▼

crushed Maris Piper potato mash, corned beef, shallots,
spring onion butter and a soft poached egg

Smoked salmon & scrambled eggs ▼

on a toasted muffin with chive cream

Grilled kipper fillets * ▼

parsley butter and lemon

Eggs Royale

smoked salmon, soft poached egg on a
toasted muffin topped with hollandaise sauce

Ultimate eggs Benedict

toasted English muffin, maple baked gammon, poached egg,
and spring onion hollandaise sauce

Three-egg omelette *to order* ▼

choose your fillings from

mushroom, mature cheddar, honey roast ham, tomato, Brie, spring onion,
smoked salmon and baby leaf spinach