Market Kitchen Menu





Food allergy or intolerance?

We take great care to prevent cross-contamination when preparing your food, however, please be aware that all our dishes are prepared in kitchens where all known allergens are present and there is also risk of allergen cross contamination through shared cooking equipment e.g. fryers. As we use other foods containing gluten in our kitchens we cannot declare or guarantee that any of our dishes are gluten free. Our menu descriptions do not list all ingredients, please advise the team of any dietary requirements when ordering. If you have a food allergy or intolerance, or just want more detail about the ingredients in our food and drinks including calories – please let our team know or scan the QR code to find out more. MK EVENING WORLD DELI 2024

STARTERS

Hot pork pie with apple & black pudding

Pork crackling & mustard sauce. 682kcal

Breaded cod cheeks Tartare sauce, fresh lemon. 499kcal

Pea & mint falafels 🔻 🔽

Natural coconut sauce, cucumber salad, crispy chickpeas, pickled onion & watercress. 247kcal

Roasted vegetable soup

Warm onion loaf.

353 kcal

Butternut squash soup 🔻

Toasted pumpkin seeds, warm onion loaf. 508kcal

Garlic portobello mushroom pâté V

Pickled mushrooms, roasted tomato chutney, pumpkin seed & pine nuts, toasted sourdough. 345kcal

THE DELI

Step up to the deli buffet for a vibrant haven of delights. Explore an array of colourful salads, cold meats & fish, freshly baked breads & freshly prepared quiches, crafted with care.

MAINS

ROAST

Treacle-glazed gammon

499kcal

Slow braised beef brisket 403kcal

Yorkshire pudding v 86kcal, horseradish sauce v 88kcal, roasted pineapple ve 25kcal Help yourself to today's selection of vegetables and potatoes.



CATCH OF THE DAY

Buttered potatoes, seasonal vegetables and white wine cream sauce. Please ask your server for further details.



TASTES OF THE WORLD

Crispy Chimichurri cauliflower 🔽 🚾 298kcal

Meatball, olive & apricot tagine 368kcal

Mexican-style chilli chicken 170kcal

Tamarind crispy squid 180kcal

> Egg fried rice 🔽 232kcal

Spiced orange couscous 🔽 🚾 178kcal

Scan our QR code to see the calorie information of our accompaniments.