

Light bites

Soup of the day ♥ sourdough 501kcal	6.50
Pork sausage roll caramelised onion chutney 843kcal	4.95
Vegan sausage roll ♥ ® caramelised onion chutney 595kcal	4.95
Scotch egg golden beetroot piccalilli 681kcal	4.95
Puff pastry parcel chicken & leek 282kcal ham & cheese 292kcal cheese & spinach © 282kcal	4.50

Ciabattas, wraps & toast	ies
Cheese Ploughman's ciabatta ♥ roasted tomato chutney 689kcal	5.95
Ham salad ciabatta English mustard mayonnaise 525kcal	6.50
Avocado on ciabatta 😲 😷 asparagus, pine nuts, pumpkin seeds, roasted tomato chutney 468kcal	6.95
Roasted veggie & pesto wrap V 606kcal	6.95
Prawn Marie Rose wrap 676kcal	7.25
Ham & cheese toastie	7.25

wholegrain mustard 979kcal

Sides

Skin on fries V W 387kcal	3.95
add to light bites, ciabattas, wraps & toasties	1.95
Loaded cheesy fries ♥ 858kcal	4.95
Loaded BBQ jalapeño fries ♥ 935kcal	4.95
Olive & rosemary dough sticks ♥ salted butter, olive oil, balsamic vinegar 516kcal	3.95

Freshly made salads

Honey & mustard chicken salad 9.50 pulled roast chicken, grilled tenderstem, radish, red peppers, honey & mustard dressing 453kcal

Caesar salad V	9.50
gem lettuce, sourdough croutons,	
cheese, egg and Caesar dressing 950kcal	
add pulled roast chicken 115kcal	1.95

Speciali ⁻	ty ho	t drinks	
Americano 1kcal	3.95	Latte* 106kcal	4.25
Cappuccino* 87kcal Macchiato*	4.25 3.35	Hot chocolate 208kcal	4.50
12kcal Espresso 1kcal	3.75	Deluxe hot chocolate 243kcal	4.75
ADD ON Any flavour co Caramel 59kc Vanilla 59kcal		up for 50p Hazelnut N	59kcal
MILK ALTERI Almond N 311 Coconut 79kc	kcal	Soya 79kcal Oat 110kcal	
Specia	lity to	eas	3.25
English Bre Earl Grey 7k Mint 7kcal		Okcal	
many other fla please speak			

Cakes & tray bakes

Lemon & elderflower cake V 763kcal	4.25
Sticky ginger cake ♥ 395kcal	4.25
Coffee & walnut cake ♥ ♠ 378kcal 25p donated for every slice of cake sold	4.25
Carrot cake ♥ ¶ 515kcal	4.25
Mocha loaf cake V v 265kcal	3.95
Caramel & chocolate tart V & 0 418kcal	4.25
Tea cake salted butter 329kcal	3.95
	3.95 3.95
salted butter 329kcal	
salted butter 329kcal Billionaire's shortbread 451kcal	3.95

Freshly made scones

Plain scone ♥ clotted cream & preserve 554kcal	4.50
Fruit scone V clotted cream & preserve 585kcal	4.50
Cream tea (serves two) strawberry jam, clotted cream, butter, a choice of tea or coffee CHOOSE FROM Fruit scone 1,163kcal or Plain scone 1,154	12.45 kcal

Danish

Heritage butter croissant ♥ 236kcal	3.25
Cinnamon swirl V 331kcal	3.25
Raspberry & white chocolate pain au chocolat 370kcal	3.75
Chocolate & hazelnut twist V 0 422kcal	3.75
Mature cheddar cheese twist V 417kcal	3.75
Giant Cookies	

Zingy green V V

coconut lime 181kcal

Milk chocolate cookie ♥ 509kcal	3.50
Double chocolate cookie ♥ 503kcal	3.50

Freshly blended smoothies

avocado, broccoli, spinach, mango,

Three berry V 👁	3.95
strawberries, blackberries, raspberries	108kcal
Passion & mango V v	3.95
passion fruit, mango, pineapple 129kcal	



3.95

All products subject to availability

○ Suitable for vegetarians **○** Suitable for vegans **○** Contains nuts

Cheese scone V

salted butter 415kcal

3.95

Adults need around 2,000kcal a day

For more information about the presence of allergens in all our food or drink, please ask a member of our team every time before ordering even if you have dined with us before as our food ingredients and specifications can change. Full allergen information on the ingredients in the food or drink we serve is available via QR code on menu. Packaged

products (i.e. sauce sachets and bottles, juices, water) are not covered in this allergen guide, allergen information for these products is printed on the packaging. We take great care to prevent cross-contamination when preparing your food, however, please be aware that all our dishes are prepared in kitchens where all known allergens are present and there is also risk of allergen cross contamination through shared cooking equipment e.g. fryers. Therefore, we cannot guarantee that any food item is completely free from allergens. If you would like further information on our cooking methods, please ask. As we use other foods containing gluten in our kitchens we cannot declare or guarantee that any of our dishes are gluten free. Our menu descriptions do not list all ingredients, please advise the team of any dietary requirements when ordering. Our staff cannot offer specific advice or recommendations beyond our published allergen communications. Calorie information provided for cream tea doesn't include tea or coffee, please refer to Hot Drinks section for calorie information. Scan our QR code to see the calorie information of our tea range *Information includes semi skimmed milk.

FOOD ALLERGY OR INTOLERANCE?

If you have a food allerny or intolerance or just want more detail about the ingredients in our food and drinks including calories - please let our team know or scan the QR code to find out more.





Speciality hot drinks

Americano 3.95 4.25 Latte* 106kcal 1kcal Cappuccino* 4.25 Hot 4.50 87kcal chocolate 208kcal Macchiato* 3.35 12kcal

Deluxe hot 4.75 chocolate 243kcal

ADD ON

Any flavour coffee syrup for 50p Caramel 59kcal Hazelnut N 59kcal Vanilla 59kcal

MILK ALTERNATIVES

Almond N 31kcal Soya 79kcal Coconut 79kcal Oat 110kcal

Speciality teas

3.75

Espresso

1kcal

3.25

English Breakfast Okcal Earl Grey 7kcal Mint 7kcal many other flavours available, please speak to your Host.

Fresh bakery

Heritage butter croissant ♥ 236kcal	3.25
Cinnamon swirl ♥ 331kcal	3.25
Raspberry & white chocolate pain au chocolat © 370kcal	3.75
Chocolate & hazelnut twist V N 422kcal	3.75
Mature cheddar cheese twist ♥ 417kcal	3.75

Freshly made scones

Plain scone ♥ clotted cream & preserve 554kcal	4.50
Fruit scone V clotted cream & preserve 585kcal	4.50
Cream tea (serves two) 12 strawberry jam, clotted cream, butter, a choice of tea or coffee CHOOSE FROM Fruit scone 1,163kcal or Plain scone 1,154kcal	2.45
Cheese scone ♥	3.95

Sweet treats

Lemon & elderflower cake ♥ 763kcal	4.25
Sticky ginger cake V 395kcal	4.25
Coffee & walnut cake ♥ ♥ 378kcal 25p donated for every slice of cake sold	4.25
Carrot cake V 0 515kcal	4.25
Mocha loaf cake V © 265kcal	3.95
Caramel & chocolate tart V 💀 🐧 418kcal	4.25
Tea cake salted butter 329kcal	3.95
Billionaire's shortbread ♥ 451kcal	3.95
Ultimate chocolate brownie V 809kcal	3.95
Cherry bakewell ♥ № 579kcal	4.25

Giant Cookies

Milk chocolate cookie V 509kcal	3.50
Double chocolate cookie V 503kcal	3.50

We're supporting MACMILLAN

salted butter 415kcal

V Suitable for vegetarians V Suitable for vegans (V) Contains nuts

Adults need around 2.000kcal a day

For more information about the presence of allergens in all our food or drink, please ask a member of our team every time before ordering even if you have dined with us before as our food ingredients and specifications can change. Full allergen information on the ingredients in the food or drink we serve is available via QR code on menu. Packaged

products (i.e. sauce sachets and bottles, juices, water) are not covered in this allergen guide, allergen information for these products is printed on the packaging. We take great care to prevent cross-contamination when preparing your food, however, please be aware that all our dishes are prepared in kitchens where all known allergens are present and there is also risk of allergen cross contamination through shared cooking equipment e.g. fryers. Therefore, we cannot guarantee that any food item is completely free from allergens. If you would like further information on our cooking methods, please ask. As we use other foods containing gluten in our kitchens we cannot declare or guarantee that any of our dishes are gluten free. Our menu descriptions do not list all ingredients, please advise the team of any dietary requirements when ordering. Our staff cannot offer specific advice or recommendations beyond our published allergen communications. Calorie information provided for cream tea doesn't include tea or coffee, please refer to Hot Drinks section for calorie information. Scan our QR code to see the calorie information of our tea range *Information includes semi skimmed milk.

FOOD ALLERGY OR INTOLERANCE?

If you have a food allerny or intolerance or just want more detail about the ingredients in our food and drinks including calories - please let our team know or scan the QR code to find out more.

