



LUNCH



From hearty pies and classic British dishes to flavourful favourites from the grill, **The Cheshire Barn** is home to impeccably cooked food and warm hospitality in relaxed surroundings.

# LUNCH

11.30am until 5pm

**Lighter Bites** perfect for an afternoon nibble or to share with friends

**Chef's soup of the day** ✓ ve 7.95

Olive & rosemary bread stick. 501kcal

**Garlic mushrooms** ✓ ve 6.50

Grilled portobello mushrooms, garlic oil, roasted tomato chutney, pine nuts. 228kcal

**Whipped goats cheese** ✓ 7.50

Honey, toasted almonds, fig chutney, baked ciabatta. 879kcal

**Crispy fried calamari** 6.95

Garlic mayonnaise. & lime. 559kcal

**Half pint of shell-on prawns** 8.95

Marie Rose dip, cucumber salad. 484kcal

**Potted Ham Hock** 8.50

Parsley butter, warm cheese scone. 711kcal

**Smoked salmon** 8.50

Dill & crème fraîche potatoes, pickled cucumber & fennel. 168kcal

**Chorizo & halloumi skewers** 8.50

Tomato salsa, zesty yoghurt. 877kcal

**Sandwiches** on crusty baked bread

served with fries (387kcal) or dressed rocket salad (32kcal)

**Ham salad ciabatta** 8.50

English mustard mayonnaise. 773kcal

**Ham & Cheese toastie** ✓ 9.25

Wholegrain mustard. 979kcal

**Cheese Ploughman's ciabatta** ✓ 7.95

Roasted tomato chutney. 1,023kcal

**Wraps** deep & freshly filled

served with fries (387kcal) or dressed rocket salad (32kcal)

**Prawn Marie Rose wrap** 9.25

784kcal

**Roasted veggie & pesto wrap** ✓ 8.95

606kcal

**Loaded Ciabatta** toasted on our chargrill

served with fries (387kcal) or dressed rocket salad (32kcal)

**Grilled open steak sandwich** 10.95

Rump steak, grilled ciabatta, roasted tomato chutney, mustard mayonnaise, pea shoots. 685kcal

**Smashed avocado open sandwich** ✓ ve 8.95

Asparagus, pine nuts, pumpkin seeds, roasted tomato chutney. 394kcal

**Crispy fish finger open sandwich** 9.50

Pea & mint mayonnaise, pickled cucumber & gem lettuce. 870kcal

**Salads** full of vibrant flavours

**Honey & mustard chicken salad** 9.50

Pulled roast chicken, house salad, grilled tenderstem, radish, red peppers, crispy onions, chives, honey & mustard dressing. 453kcal

**Caesar salad** ✓ 9.50

Gem lettuce, Sourdough croutons, cheese, egg & Caesar dressing. 950kcal  
Add pulled roast chicken 1.95  
115kcal

**Fries** light & loaded

**Skin on fries** ✓ ve 3.95

Sea salt. 387kcal

**Loaded cheesy fries** ✓ 4.95

858kcal

**Loaded BBQ jalapeño fries** ✓ 4.95

935kcal

**Desserts** go on, treat yourself...

**White chocolate chip cookie sundae** ✓ 7.25

Banana, toffee sauce, salted caramel ice cream. 872kcal

**Grilled pineapple** ✓ ve 7.25

Lime zest, mango & coconut sauce, roasted hazelnuts. 525kcal

**Warm dark chocolate brownie** ✓ ve 7.25

Mixed berry compote, plant based vanilla ice cream. 449kcal

**Ice cream sundae** ✓ 5.95

served with chocolate sauce, Cadbury's 99 flake™, strawberry. Vanilla 228kcal | Chocolate 341kcal | Strawberry 288kcal

**Plant based ice cream** ✓ ve 5.95

Salted caramel 240kcal  
Vanilla 237kcal

**Sorbets** ✓ ve 5.95

Lemon 116kcal  
Mango 134kcal

**Speciality Hot Drinks**

Scan our QR code to see the calorie information of our tea range. \*Information includes semi skimmed milk.

**Americano** 3.95

1kcal

**Macchiato\*** 3.35

12kcal

**Latte\*** 4.25

106kcal

**Hot chocolate** 4.50

208kcal

**Cappuccino\*** 4.25

87kcal

**Espresso** 3.75

1kcal

**Deluxe hot chocolate** 4.75

243kcal

**Speciality teas** 3.25

**English Breakfast** 0kcal

**Earl Grey** 7kcal

**Mint** 7kcal

many other flavours available, please ask your Host.

Add any flavour coffee syrup for 50p. **Caramel** 59kcal | **Hazelnut** 59kcal | **Vanilla** 59kcal  
Milk alternatives **Almond** 31kcal | **Coconut** 79kcal | **Soya** 79kcal | **Oat** 110kcal

**V Suitable for vegetarians** **Ve Suitable for vegans**

*Adults need around 2,000kcal a day*

For more information about the presence of allergens in all our food or drink, please ask a member of our team every time before ordering even if you have dined with us before as our food or drink ingredients and specifications can change. Full allergen information on the ingredients in the food or drink we serve is available via QR code on menu. Packaged products (i.e. sauce sachets and bottles, juices, water) are not covered in this allergen guide, allergen information for these products is printed on the packaging. We take great care to prevent cross-contamination when preparing your food and drink, however, please be aware that all our dishes are prepared in kitchens and bars where all known allergens are present and there is also risk of allergen cross contamination through shared cooking equipment e.g. fryers. Therefore, we cannot guarantee that any food item is completely free from allergens. If you would like further information on our cooking methods, please ask. As we use other foods containing gluten in our kitchens and bars we cannot declare or guarantee that any of our dishes are gluten free. Our menu descriptions do not list all ingredients, please advise the team of any dietary requirements when ordering. Our staff cannot offer specific advice or recommendations beyond our published allergen communications. CB\_LUNCH\_2023

**FOOD ALLERGY OR INTOLERANCE?**

If you have a food allergy or intolerance, or just want more detail about the ingredients in our food and drinks including calories – please let our team know or scan the QR code to find out more.

